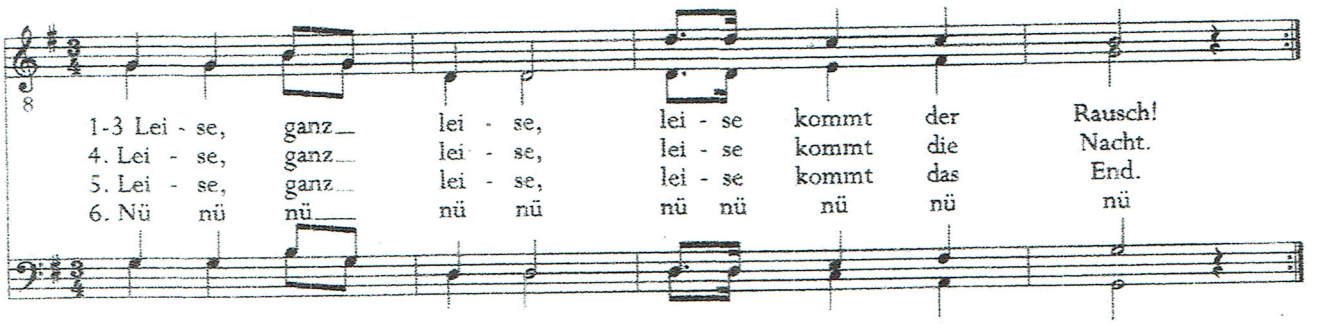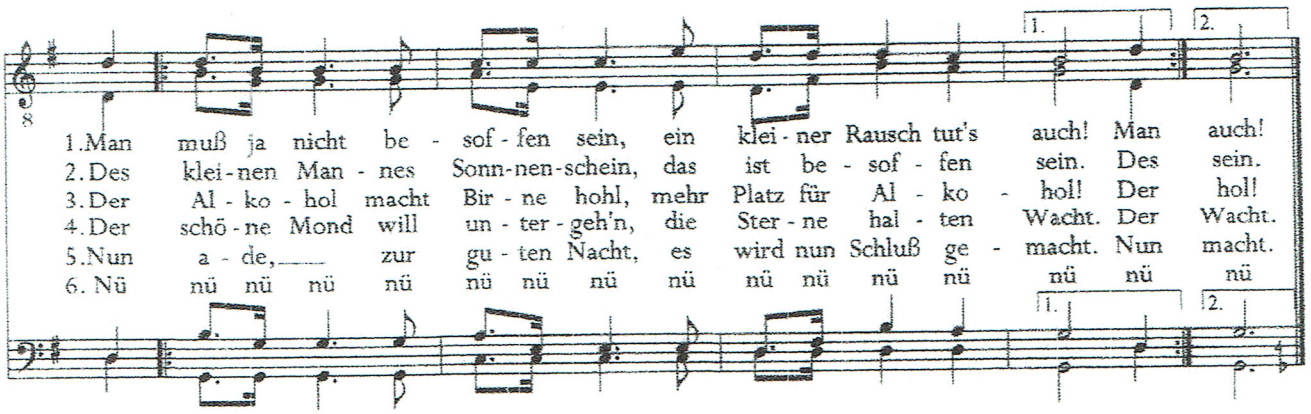Leise kommt der Rausch